

| Ideal Target position (Top of ladder to <br> bottom) |  | Step Count |  |
| ---: | ---: | ---: | ---: |
|  | 16 |  | -108535 |
|  | 15 |  | -101835 |
| 14 |  | -95180 |  |
| 13 |  | -88503 |  |
| 12 |  | -81900 |  |
| 11 |  | -75425 |  |
| 10 |  | -68875 |  |
| 9 |  | -62225 |  |
| 8 |  | -55550 |  |
| 7 |  | -48875 |  |
| 6 |  | -42325 |  |
| 5 |  | -35860 |  |
|  | 4 |  | -29275 |
|  | 3 |  | -22625 |
|  | 2 |  | -15925 |
|  | 1 |  | -9285 |



